

Hands that Serve - Hearts that Care  
**BACK PACK PROGRAM**

Remember all food items are **NON-refrigerated** and should be in **individual size packages**. Please only purchase **pop-top cans**. This makes it easier for the kids that don't have adult assistance.

Meat/Pasta canned foods (Chef Boy 'Ardee)  
canned soups/stews (make sure they have pop-tops)  
Mac & Cheese cups  
Vienna Sausage  
Cup O' Noodles  
Ramen Noodles  
Mashed Potato cups  
Jars of Peanut Butter  
Jars of Jelly (plastic only)

Fruit cups  
Cereal Grain/Breakfast Bars  
Pop Tarts  
Granola Bars  
Small boxes of cereal  
Breakfast rolls (such as Little Debbie, Honey Buns, etc.) they have a short expiration so be aware

Beef Sticks  
Raisins  
Peanut Butter Crackers  
Cheese Crackers  
Cookies  
Goldfish/Cheez-Its or other cheesy type crackers  
Animal Crackers  
Gummy Fruit/Fruit Roll-Up snacks  
Pudding Cups  
Applesauce cups  
Rice Krispy Treats  
Jello Cups (non-refrigerated)  
Individual chip bags  
Pretzels  
Juice pouches/boxes